

Medication Therapy Overview

The new Prescription Drug Plans (PDPs) for Medicare Part D will be implementing Medication Therapy Management Services (MTMS) as a part of their contracts. Programs are patient-focused and designed to improve therapeutic outcomes, as well as reduce costs. The method of service delivery and reimbursement is unique to each PDP.

Each plan defines the criteria for enrollment into Medication Therapy Management Services. The plans will target beneficiaries with several chronic diseases who are currently prescribed multiple medications and with high dollar expenditures annually.

The different methods for delivering MTMS include:

- PDP contract with a Pharmacy Benefit Management (PBM) company to provide the services on their behalf
- Disease management enhancement and medication review
- PDP refers the beneficiary to their physician or pharmacist for interventions
- Community-based brown bag program
- Electronic Health Record queries within clinics with a follow-up appointment for those beneficiaries with records that are selected
- PDP contract with a pharmacy chain to provide services locally to selected customers
- PDP contract with an integrated community health system
- PDP offers tiered interventions based on the beneficiary's needs
- Regardless of the approach, the goal will be to improve therapeutic outcomes for the beneficiaries that will require ongoing interdisciplinary collaboration throughout the healthcare system



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